

## The Beauties of

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## Islam encourages life balance and optimism

Islam is always pushing the believer to be liberated from life's extremes, from the over-joy that can lead to the disobedience of the creator and from the edge of sadness that may lead one to forget about God's mercy. Islam also empowers the believer and gives him the ability to manage







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hardships and to be helpful to his society as it teaches the believer how to be detached from the material world. As a result, Muslims can have a more balanced and optimistic vision for life.







## Islam encourages seeking knowledge

First command to Prophet Muhammad (PBUH) in Islam was "Read" Iqraa". Allah directs us to acquire knowledge and explore the world. Recently discovered scientific facts are mentioned in the Quran which was revealed over 1400 years ago. This only confirms that the Quran is written by Allah







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the almighty and that He wants us to seek more knowledge and explore the world.







## Islam calls for a direct relationship between the believer and his Creator

As the relationship between the believer and his creator is genuinely private and direct, one does not need a righteous person to whom he confesses his sins. That indicates that Islam leads its followers towards a road of self-development and self-purification.







## Islam encourages being charitable

Islamic principles care about building a cooperative community within the Muslim society. One of the five pillars of Islam is charity. It liberates the true believer from greediness, cultivates a sense of empathy to the poor that are considered as active members of our society.







## Islam encourages being charitable

When Muslims accomplish their parts as charitable persons, they learn to acknowledge the blessings of God and to be more thankful. The benefits of charity are innumerable yet we need not to forget that it works on reducing poverty and bridges the gap between rich and poor.







### Islam declares equality of mankind

Islam is not racist. God is always just to everyone. People can distinguish themselves and attain Jannah through belief and righteous actions – not through race, wealth, gender, nationality or social class.







## Islam considers Ethics as a priority

Ethics are considered to be a priority in Islam. It establishes the cornerstones of our religion which we are entitled to follow. Therefore, one should not ignore it. On the contrary he ought to honor our Islamic ethics.







## Islam respects Women over fourteen hundred years ago

Islam came as a rescue to the mankind over fourteen hundred years ago. According to our religion, both men and women enjoy rights and freedom that recently became known to modern societies. We are all encouraged to seek a decent education. Prophet Mohamed PBUH also allowed







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females to be Muslim scholars. As a proof, Aisha, the wife of the Prophet PBUH has transmitted around a quarter of the Islamic law. Islam has also given women the right to choose a spouse, and to keep their original family name once married hence honoring them and their rights.







## Islam promotes the freedom of thought and belief

"There is no compulsion in Religion. Guidance is clear from error."( Surat Al-Baqara: 2-256) This verse from the holy Quran proves that in Islam you are allowed to choose your beliefs by yourself. Belief is an immense possession in one's life and he should have a free will and power to build it.







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. God has also honored his creation by giving it the possibility to question everything and unleash their minds to reach him by their own deeds.







### Islam prevents you from hurting yourself

God gave us human beings a precious gift that is our body and soul. So, Muslims should not commit suicide or self-harm as an act of respect and obedience to our Creator. God gave us clear guidance to protect ourselves and anything that harms oneself is considered haram (a sin).







### Islam restores our mind

Many of us would think that praying is only a way to show your obedience to God. To our surprise, when one is completely focused and humble during the prayer, his brain energy shall change. Scientific researches prove that the part that is responsible for compassion is highly activated after







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a humble prayer. This shows the loss of sense of self and connectivity with God when we pray. Praying benefits the body and soul by integrating mindfulness, humbleness, affirmation, devotion, and physical strength. That is why praying is one of the pillars of Islam.







## Islam prohibits exaggeration

Islam forbids exaggerated strictness in religion. To incorporate ease and tolerance in your actions is of great importance to Muslims. If you have encountered extremist Muslim people in your life, be reminded that the forms of extremism that people have invented does not belong to







## Islam prohibits exaggeration

our beloved religion. Through the right explanation of Quran verses and the teachings of the Prophet Muhammad we know the true face of Islam, the peaceful and moderate religion.







### Islam forbids the killing of innocents

God the Almighty has given life to all of his creation be it a believer or an atheist. Therefore, slaying any soul because of his beliefs is considered a great sin and a violation to Islamic guidance. As Muslims, we follow the practices and behavior of the Prophet







### Islam forbids the killing of innocents

Muhammad PBUH, yet we cannot find one incident of any coercive action against non-believers in the religion he preached and admired.







### Islam Values one's time

Islam has always notified people about the importance of making every second count. Have you ever thought about the time you have been wasting for ages? Have you ever imagined how will your life be different if you make use of every second? God has gifted us time and it is our duty to use it wisely.







### Islam Values one's time

That's why Islam asks us to value each breath we take and use it for the benefit of mankind, ourselves, and our religion.







## Islam encourages practicing sports and following healthy lifestyle

Islam is concerned with the well-being of mankind spiritually, emotionally and, physically. We have been granted complex bodies' structures that require care. Islam teaches people that their bodies have rights over them. Prophet Muhammad, may the mercy and blessings of God be upon him,







# Islam encourages practicing sports and following healthy lifestyle

has advised us to follow a healthy lifestyle that depends on a balanced diet and physical exercise.







## Islam forbids talking about our sins openly

Islam has always called for "Satr" which means keeping other people's and your sins hidden. It teaches us to deal with our sins secretly by asking God for forgiveness instead of talking about them openly. Prophet Muhammad (PBUH), says "All of My Ummah will be excused, except for those who make their Sins known".







## Islam teaches us to show mercy to the orphans

Islam calls for Mercy. It teaches people to feel for others no matter where they come from, what they have done, and what religion they follow. One of the Islamic Ethics is to show mercy to the orphans. Prophet Muhammad, (PBUH), has promised those who care for orphans and raise them as their own

kids,







## Islam teaches us to show mercy to the orphans

## will accompany him in the highest stages of Heaven.







### Islam teaches us to respect the elderly

Helping the elderly is one the good deeds in Islam. You are asked to treat elderly with respect and understanding. God loves those who respect the elderly and care for the young.





### Islam forbids animals mistreatment

Mercy in Islam includes all God's creations. Thus, people are asked to treat animal with kindness and mercy. There are so many examples in Islam that show how the Prophet Muhammad (PBUH) honors and loves animals.





## Islam asks us to respect others' privacy

Respecting people's privacy isn't a new trend; it is one of the Islamic Ethics. Islam calls for not interfering in people's life and respecting their own space.







### Islam enjoins telling the truth

Lying is one of the great sins in Islam. Islam forbids lying no matter how difficult the situation is. It enjoins the truth and teaches us that telling the truth is the key to all the doors of happiness. Moreover, those who are truthful towards God, the prophet (PBUH), and mankind are promised heaven.







### Islam respects non-Muslim rights

Prophet Muhammad (PBUH), asks Muslims to treat people equally. There is no difference between a Muslim and non-Muslim in rights. Moreover, Islam enjoins Muslims to respect non-Muslims and cooperate with them to live a peaceful life.







### Islam encourages us to work hard

Islam teaches us that a great part of worshiping God is working hard and benefiting mankind. There must be a balance in our lives between practicing our rituals and participating in developing our societies.







# Islam teaches us that infants are God's gift

Infants are granted to us to continually restore our faith in God' miracles. Islam teaches people that infants are not only God's gifts, but also a means to get closer to him. Showing mercy to infants and loving them is a step towards Jannah. #Let's introduce Islam to the world







### Islam honors all parents

Respecting and caring for your parents is one of the main Islamic Ethics. Islam enjoins people to be dutiful and kind to their parents no matter what they do. Moreover, one of the forms of God's worship is obeying our parents' orders and refraining from what they ask us not to do.







## Islam views marriage as a sacred institution

God has created Adam and Eve and taught us that we are partners in life who need each other. Islam encourages people to get married when they are ready emotionally, mentally, and financially. Marriage in Islam is sacred that should be respected and honored by the partners' love.







## Islam is the religion of infinite chances

Humans are created imperfect and weak. Thus, we all do mistakes and commit sins. Islam teaches us that it is okay to sin, but it is not okay to insist on sinning. It encourages people to always ask for forgiveness from God, the Merciful, who is always near to those who want to redeem themselves.







# Islam encourages people to enjoy life fully

This life has been granted to us with all its wonders and beauty to be lived fully. Islam shows us that enjoying life is our right and we have to discover every beautiful hidden thing about it, as long as it is not against God's orders.







## Islam Respects the differences between Men and Women

Islam shows us how our differences benefit the society. Men and women are given different, yet complementary social roles according to Islamic principles. Equal yet Different. It would be absurd to deal with both genders in the same way. Regardless of the general rights, the distinguished roles of men and women allow them to have specific rights and responsibilities



