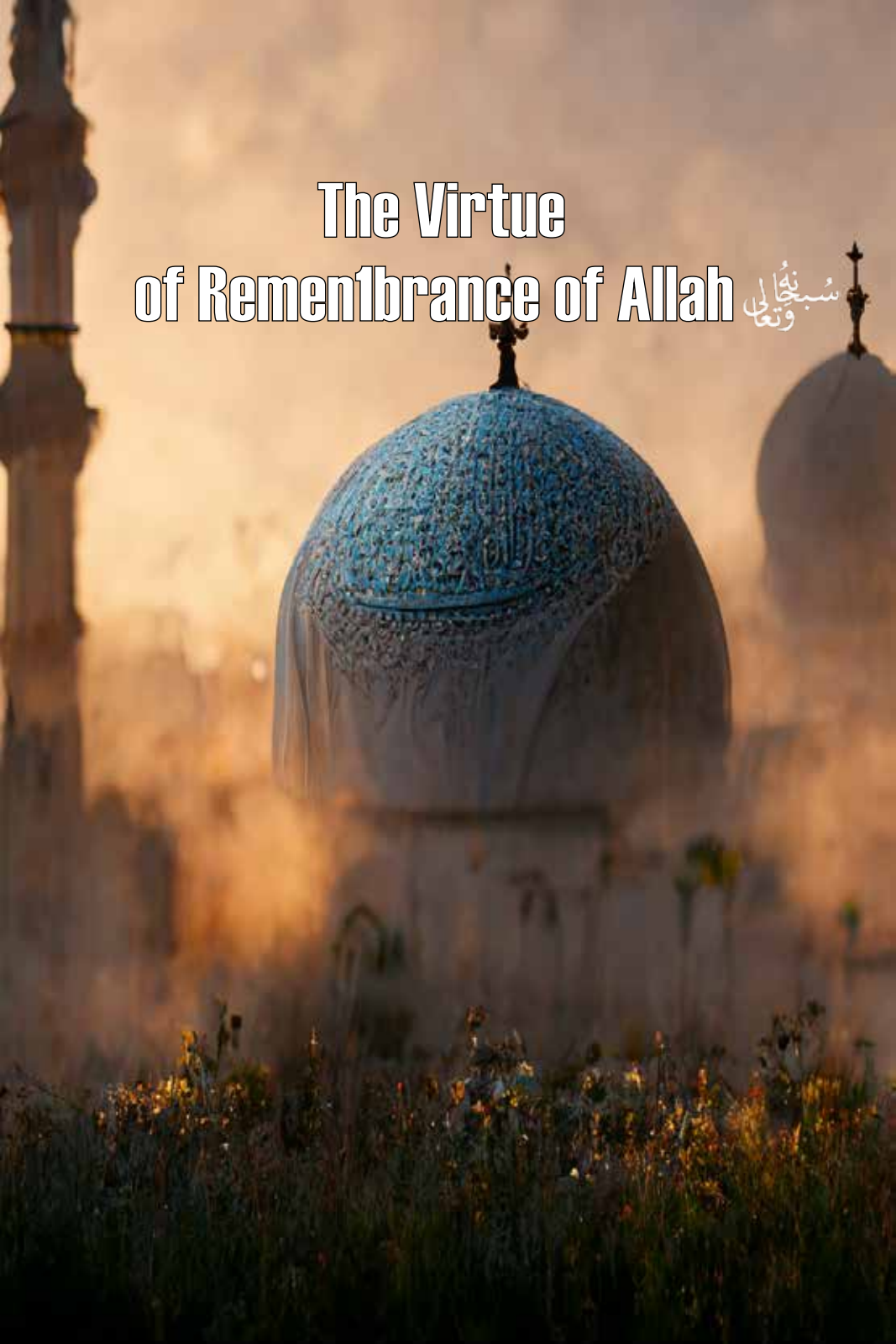


The Virtue of Remembrance of Allah

سُبْحَانَكَ
وَتَعَالَى



The Virtue of Remembrance of Allâh ﷻ

All praise is for Allâh ﷻ Whose Name is mentioned by every tongue, and remembered by every creature. He is the One praised for every bounty and favor. He created man to worship Him. He showed His signs and proofs so that man may know Him. He has facilitated for man the way to reach Him, so that he may follow it. He is indeed the Bestower of great bounties and goodness. I bear witness that there is no god worthy of worship except Allâh Alone having no partners, and I bear witness that Muhammad ﷺ is His slave and Messenger. May the peace and blessings of Allâh be upon him, his family, his Companions and anyone that follows in their footsteps until the Day of Recompense.

O servants of Allâh ﷻ! Remember Allâh with much remembrance, and glorify Him morning and evening. Be among those people of understanding who remember Allâh ﷻ at every state of being and in every position: standing, sitting or lying down on their sides. Be among those who believe and whose hearts find satisfaction in the remembrance of Allâh ﷻ. In the remembrance of Allâh hearts find satisfaction and agonies are driven away. With the remembrance of Allâh, victory is achieved and Allâh strengthens the hearts of the believers upon encountering fear. For this, Allâh ﷻ commanded the believers to remember His Name when they confront their enemy at war. He ﷻ said:

﴿ يَا أَيُّهَا الَّذِينَ ءَامَنُوا إِذَا لَقِيتُمْ فِئَةً فَاثْبُتُوا وَاذْكُرُوا اللَّهَ كَثِيرًا لَّعَلَّكُمْ
تُفْلِحُونَ ﴾

“O you who believe! When you meet (an enemy) force, take a firm stand against them and remember the Name of Allâh much (both with tongue and mind), so that you may be successful.”
(8:45)

Remembering Allâh ﷻ fills the heart with pleasure and happiness and makes the face look brighter. Allâh ﷻ remembers those who remember Him. He says:

﴿فَاذْكُرُونِي أَذْكُرْكُمْ وَاشْكُرُوا لِي وَلَا تَكْفُرُون﴾

“Therefore remember Me (by praying, glorifying). I will remember you, and be grateful to Me (for My countless Favors on you) and never be ungrateful to Me.” (2:152)

قَالَ ﷺ: قَالَ اللَّهُ سُبْحَانَهُ وَتَعَالَى: أَنَا عِنْدَ حُسْنِ ظَنِّ عَبْدِي بِي وَأَنَا مَعَهُ إِذَا ذَكَرَنِي، فَإِنِ ذَكَرَنِي فِي نَفْسِهِ ذَكَرْتُهُ فِي نَفْسِي، وَإِنِ ذَكَرَنِي فِي مَلَأٍ ذَكَرْتُهُ فِي مَلَأٍ خَيْرٍ مِنْهُمْ.

“The Messenger of Allâh ﷺ said that Allâh ﷻ said: ‘I am as My servant thinks of Me. I am with him when he makes mention of Me. If he makes mention of Me to himself, I make mention of him to Myself; and if he makes mention of Me in a gathering, I make mention of him in a better gathering than his.’”

The Messenger of Allâh ﷺ said:

“The *Al-Mufarridûn* have preceded.” They said: “Who are *Al-Mufarridûn*, O Messenger of Allâh?” He said: “(They are) those men and women who make mention of Allâh a lot.”

He ﷺ also said:

“The example of the one who remembers Allâh and the one who does not, is like that of the living and the dead.”

The Messenger of Allâh ﷺ was once asked: “Who will be the happiest to qualify for your *Shifa‘ah* (intercession), O Messenger of Allâh?” He said: “It is he who says *Lâ ilâha illallâh* (there is no god worthy of worship but Allâh) with pure faith (meaning it) from his heart.” The Messenger of Allâh ﷺ also said:

«مَنْ كَانَ آخِرُ كَلَامِهِ لَا إِلَهَ إِلَّا اللَّهُ دَخَلَ الْجَنَّةَ.»

“He whose last words (before he died) were *Lâ ilâha illallâh* will enter Paradise.”

Man should remember to say the testimony *Lâ ilâha illallâh* when he constantly keeps mention of it throughout his life. It will then become a habit to keep saying the testimony. In this regard the Messenger of

Allâh ﷻ said:

«أَكْثِرُوا مِنْ شَهَادَةِ أَنْ لَا إِلَهَ إِلَّا اللَّهُ قَبْلَ أَنْ يُحَالَ بَيْنَكُمْ وَبَيْنَهَا» .

“Keep saying the testimony that there is no god worthy of worship except Allâh, *Lâ ilâha illallâh* before you are prevented from saying it (i.e., before the time of death).”

The Messenger of Allâh ﷺ also said:

«مَنْ قَالَ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ عَشْرَ مَرَّاتٍ كَانَ كَمَنْ أَعْتَقَ أَرْبَعَةَ أَنْفُسٍ مِنْ وُلْدِ إِسْمَاعِيلَ» .

“He who says: ‘there is no god worthy of worship except Allâh Alone having no partner with Him, His is the Sovereignty, all praise is for Him, and He has power over everything’ ten times will be like the one who frees four slaves from the progeny of Ismail.”

He ﷻ also said:

«مَنْ قَالَ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ فِي يَوْمٍ مِائَةَ مَرَّةٍ كَانَتْ لَهُ عِدْلُ عَشْرِ رِقَابٍ، وَكُتِبَتْ لَهُ مِائَةٌ حَسَنَةٍ، وَمُحِيَّتْ عَنْهُ مِائَةٌ سَيِّئَةٍ، وَكَانَتْ لَهُ حِرْزًا مِنَ الشَّيْطَانِ يَوْمَهُ ذَلِكَ حَتَّى يُمْسِيَ، وَلَمْ يَأْتِ أَحَدٌ بِأَفْضَلٍ مِمَّا جَاءَ بِهِ إِلَّا أَحَدٌ عَمِلَ أَكْثَرَ مِنْ ذَلِكَ» .

“He who says a hundred times in one day: ‘there is no god worthy of worship except Allâh alone having no partner with Him, His is the Sovereignty, all praise is for Him, and He has power over everything’ will be rewarded as if he freed ten slaves, a hundred good deeds will be registered for him, a hundred wrongdoings will be removed from his record, and it will be a protection for him from the devil throughout the day until the evening. None would have done better than he has except one who said the same and more.”

The Messenger of Allâh ﷺ also said:

«كَلِمَتَانِ خَفِيفَتَانِ عَلَى اللِّسَانِ ثَقِيلَتَانِ فِي الْمِيزَانِ، حَبِيبَتَانِ إِلَى الرَّحْمَنِ :
سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ» .

“Two words are light for the tongue but heavy in the scale and are dear to the *Ar-Rahman* (The Gracious): Glorified and Praised be Allâh, Glorified be Allâh, The All-Mighty.”

«مَنْ قَالَ سُبْحَانَ اللَّهِ وَبِحَمْدِهِ فِي يَوْمٍ مِائَةَ مَرَّةٍ غُفِرَتْ لَهُ ذُنُوبُهُ وَإِنْ كَانَتْ
مِثْلَ زَبَدِ الْبَحْرِ» .

“He who says ‘Glorified and Praised be Allâh’ a hundred times in one day, he will be forgiven all of his sins even if they were as much as the foam of the sea.”

The Prophet ﷺ also said:

«لَأَنْ أَقُولَ سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ أَحَبُّ إِلَيَّ
مِمَّا طَلَعَتْ عَلَيْهِ الشَّمْسُ» .

“Verily, that I say: ‘Glorified be Allâh, all praise is for Allâh, there is no god worthy of worship except Allâh and Allâh is the Greatest’ is dearer to me than all what the sun rises upon.”

He ﷺ said:

«أَيَعْجِزُ أَحَدُكُمْ أَنْ يَكْتَسِبَ كُلَّ يَوْمٍ أَلْفَ حَسَنَةٍ؟» فَسَأَلَهُ سَائِلٌ مِنْ جُلَسَائِهِ :
كَيْفَ يَكْتَسِبُ أَحَدُنَا أَلْفَ حَسَنَةٍ؟ قَالَ : «يُسَبِّحُ اللَّهُ مِائَةَ تَسْبِيحَةٍ فَتُكْتَبُ لَهُ
أَلْفُ حَسَنَةٍ» .

“Are any of you capable of gaining a thousand good deeds everyday?” Upon this one of the attendants asked: “How can one of us gain a thousand good deeds?” He ﷺ said: “If one glorifies Allâh a hundred times (saying *Subhan Allâh*), then one thousand good deeds will be registered for him.”

O servants of Allâh! Fear Allâh and increase your good deeds, you will thereby increase your gains and benefits in the Hereafter. Remember

Allâh much and constantly in your hearts and make mention of Him with your tongues. Let the remembrance of Allâh ﷻ settle in your hearts and while standing, sitting, or lying down on your side. Keep remembering Allâh's Might, Glory, Majesty, Perfect Names, Attributes, and Actions. Everything around you reminds you of His Might, Greatness, and Perfect Attributes. Moreover, everything stands in proof of His Oneness, Greatness and Power. The impact of His Mercy and Wisdom is clear and manifest in every aspect of the universe. Mention Allâh with your tongues by uttering the *Shahadah*, (testimony) *Tasbeeh*, *Tahmeed*, and *Takbeer* (saying *Subhan Allâh*, *Alhamdulillah*, *Allâhu Akbar*). Furthermore, every good thing you say for the sake of Allâh ﷻ is a part of the remembrance of Allâh. In your actions, you remember Allâh ﷻ by obeying his commandments, and abstaining from committing the prohibitions. Every action you do or do not do in compliance to Allâh's commandments shall be deemed as part of the remembrance of Allâh. Keep remembering Allâh ﷻ and do not be among those whose hearts were made heedless of the remembrance of Allâh and who follow their own desires. They are the ones whose affairs and purpose in life have been lost. Make mention of Allâh ﷻ frequently before the time of death is due, because then you will never be able to do so. Remember Allâh before you become incapable of it for some other reason, or as punishment for being heedless. Do not let any of life's matters and businesses take you away or avert your attention from the remembrance of Allâh. Allâh ﷻ said:

﴿ أَلْمَالُ وَالْبَنُونَ زِينَةُ الْحَيَاةِ الدُّنْيَا وَالْبَاقِيَاتُ الصَّالِحَاتُ خَيْرٌ عِنْدَ رَبِّكَ ثَوَابًا وَخَيْرٌ

﴿ أَمَلًا ﴾

“Wealth and children are the adornment of the life of this world.

But the good righteous deeds that last, are better with your Lord for rewards and better in respect of hope.” (18:46)

O servants of Allâh! Remembrance of Allâh ﷻ is a cause for profit and for real benefit and success. Heedlessness, on the other hand, is a mere loss. Abu Hurairah ؓ narrated that the Prophet ﷺ said:

« مَا جَلَسَ قَوْمٌ مَجْلِسًا لَمْ يَذْكُرُوا اللَّهَ فِيهِ وَلَمْ يُصَلُّوا عَلَى نَبِيِّهِمْ إِلَّا كَانَ

The Virtue of Remembrance of Allâh

عَلَيْهِمْ تِرَةٌ فَإِنْ شَاءَ عَذَّبَهُمْ وَإِنْ شَاءَ غَفَرَ لَهُمْ» .

“Whenever some people sit in a gathering in which they fail to remember Allâh and say the prayer upon the Prophet ﷺ, they incur a loss upon themselves. It is then up to Allâh to punish them or forgive them.”

O Allâh! Help us to make mention of You, thank You, and worship You in the best manner.

O Allâh! Make us, men and women, amongst those who make mention of You much and all the time.

O Allâh! Make us be amongst those who spend their time in mentioning Your Names.

O Allâh! Save us from being heedless of your remembrance and from being preoccupied with what does not draw us closer to You.

O Allâh! Let not our hearts deviate after You have guided us and grant us mercy from You. Verily, You are the Bestower.

O Allâh! Forgive us and have mercy on us. Verily, You are the Oft-Forgiving the All Merciful.