



# ADAM

*AND*

# Eve





In the Name of Allah,  
the Most Gracious,  
the Most Merciful



# ADAM AND Eve

## HOW ADAM (peace be upon him) WAS CREATED

Allah has clarified that Adam was created from earth; as is exemplified in different ways. In the following ayah, Allah says that Adam was created from dust:

(Indeed, the example of Jesus with Allah is like that of Adam. He created him from dust; then He said to him, 'Be,' and he was.) [3:59]

In this ayah, Allah says that he was created from clay:

(He it is Who has created you from clay, and then decreed a term and a specified time [known] to Him; then [still] you are in dispute.) [6:2]

Here Allah says that he was created from sticky clay:

(... 'Are they stronger as creation, or those whom We have created?' Verily, We created them of a sticky clay.) [37:11]

Allah says that He created him from clay like that of pottery:

(He created man from clay like [that of] pottery.) [55:14]

He that He created him from sounding clay of altered black smooth mud:

(And indeed, We created man from the sounding clay of altered black mud.)

[15:26]

In any case, Adam was created from one substance.

Allah created Adam from the earth, and he passed through different stages. He stayed like this, for as long as Allah willed; thereafter Allah breathed into him the soul which He created for him. Allah says:

(And [mention, O Muhammad], when your Lord said to the angels, "I will create a human being out of clay from an altered black mud. So, when I have fashioned him completely and breathed into him the soul which I created for him, then fall down prostrating yourselves unto him." So,

the angels prostrated themselves, all of them together. Except Iblees - he refused to be among those who prostrated.) [15:28-31]



Mankind thereafter procreated from a weak water-like substance (sperm). Allah says:(Who made everything He has created good, and He began the creation of man from clay. Then He made his offspring from the discharge of worthless water. Then He fashioned him in due proportion, and breathed into him the soul, and He gave you hearing, sight and hearts. Little is the thanks you give!) [32:7-9]

As the first man was created from dust (which is of earth) man shall return to it, and from it he will be resurrected from it on the Day of Resurrection. Allah says:

(From the earth We created you, and into it We will return you, and from it We will extract you another time.) [20:55]



## ADAM'S (peace be upon him) ATTRIBUTES

The Messenger of Allah ﷺ told us of his attributes. He ﷺ said: “Allah created Adam and his height was sixty armspans and said to him: ‘Go and greet those angels and listen to how they greet you; that will be your greeting and the greeting of your progeny.’ (So, he went and said): ‘As-Salamu alaykum,’ and they responded, ‘As-Salamu



‘alaykum wa Rahmatullah.’ They added ‘wa Rahmatullah’. Everyone who enters Jannah will do so with Adam’s attributes, and the creation to this day has been continually decreasing in height.” [Bukhari]

## WHY DO THE CHILDREN OF ADAM DIFFER?

The Messenger of Allah ﷺ clarified why the children of Adam differ from each other; whether in color, character, or nature. He ﷺ said:

“Indeed, Allah created Adam j with a handful which he scooped from the earth, so the children of Adam came to be that form and nature according to the specific soil from which they came. Some are red, black, white, and yellow, and some are easygoing, sad, despicable, good and pure, while others are a mixture. [Ibn Hibbaan]



## THE CREATION OF HAW'WAA' (EVE) MOTHER OF HUMANITY

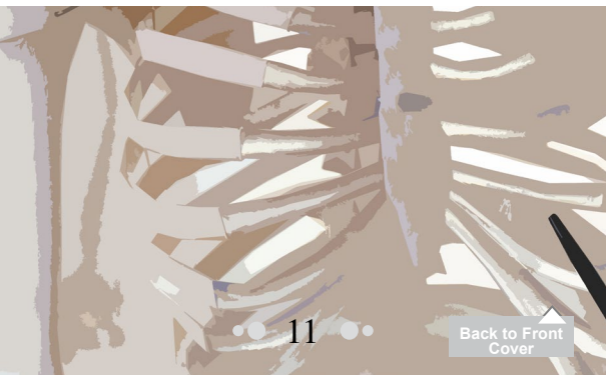
After Allah created Adam (peace be upon him), Allah created Eve from one of Adam's left ribs, so that he would be comforted by her, and that they could procreate. Allah says:

(O mankind! Fear your Lord, who created you from one soul and created from it its mate and dispersed from both of them many men and women.

And fear Allah, through whom you ask one another, and the wombs. Indeed, Allah is ever, over you, an Observer.)  
[4:1]

The Prophet ﷺ said:

“Whoever believes in Allah and the Last Day let him not harm his neighbor. Treat your wives well, for indeed they have been created from a rib. Indeed, the most curved part of a rib is its top part. If you try to straighten it, it will break, and if you leave it, it will remain curved, so treat your wives well.”  
[Bukhari]





## THE HOME OF ADAM AND EVE

They lived in Jannah before being expelled from it, due to the sin Adam (peace be upon him) committed. Allah says:

(And mention when We said to the Angels, ‘Prostrate to Adam,’ and they prostrated, except Iblees, he refused. So, We said, ‘O Adam, indeed this is an enemy to you and to your wife, then let him not remove you from Jannah so you would suffer. Indeed, it is promised for you not to be hungry therein or be

unclothed. And indeed, you will not be thirsty therein or be hot from the sun.’ Then Satan whispered to him; he said, ‘O Adam, shall I direct you to the tree of eternity and sovereignty that will not deteriorate?’ And they ate of it, and their private parts became apparent to them, and they began to fasten over themselves from the leaves of Jannah. And Adam disobeyed his Lord and erred. Then his Lord chose him and turned to him in forgiveness and guided [him]. [Allah] said, ‘Descend from [Jannah]- all, [your descendants] being enemies to one another. And if there should come to you guidance from Me- then whoever follows My guidance will neither go astray nor suffer. And whoever turns away from My remembrance - indeed, he will have a depressed life, and We will raise him on the Day of Resurrection blind.’) [20:116-24]



## THE BEGINNING OF MESSENGERSHIP

Ten generations after Adam, people deviated from the truth, so Allah sent messengers. Ibn 'Abbaas said: "For the ten generations between Nooh [Noah] and Adam people were adhering to the Deen. Thereafter, people deviated so Allah sent to them prophets, as givers of glad tidings (of Jannah) and as warners (of the Hellfire)." [Haakim]

The first messenger sent to humanity was Nuh (peace be upon him) (Noah). Allah said: “Verily, We have inspired you [O Muhammad ﷺ] as We inspired Noah and the Prophets after him.” [4:163]

Allah has informed us in the Qur’an of the names of only a few Prophets and Messengers. Allah says:

(And that was Our [conclusive] argument which We gave Abraham against his people. We raise by degrees whom We will. Indeed, your Lord is Wise and Knowing. And We gave to Abraham, Isaac and Jacob- all] of them [We guided. And Noah, We guided before; and among his descendants, David and Solomon and Job and Joseph and Moses and Aaron. Thus, do We reward the doers of good. And Zechariah and John and Jesus and Elias - and all were of the righteous. And

Ishmael and Elisha and Jonah and Lot - and all] of them [We preferred over the worlds. And [some] among their fathers and their descendants and their brothers - and We chose them, and We guided them to a straight path.) [6:83-87]

Allah says:

(Say: [O believers], “We have believed in Allah and what has been revealed to us and what has been revealed to Abraham and Ishmael and Isaac and Jacob and the Descendants and what was given to Moses and Jesus and what was given to the prophets from their Lord. We make no distinction between any of them, and we are Muslims [in submission] to Him.”) [2:136]



Allah also says:

(And [mention] Ishmael and Idrees and Dhul-Kifl; all were of the patient.) [21:85]

There are other Prophets and Messengers whom Allah did not inform us about. Allah says:

(And Messengers We have mentioned to you before, and Messengers We have not mentioned to you...) [4:164]

Allah, the Exalted, would send messengers and prophets from time to time to guide people back to His Deen, and to worship Him. All Prophets and Messengers conveyed the same Message, to worship Allah alone and to disbelieve in all things worshipped to the exclusion of Allah. Allah says:

(And We certainly sent into every nation a messenger, [saying], "Worship

Allah and avoid false gods.” And among them were those whom Allah guided, and among them were those upon whom error was [deservedly] decreed. So, proceed through the earth and observe how was the end of the deniers.) [16:36]



The laws and legislations each nation was charged with differs; for some nations were charged with things other nations were not. The (wisdom) behind this is to test the obedience of those nations. Allah says:

(To each among you, We have prescribed a law and a clear way. If Allah willed, He would have made you one nation, but that He may test you in what He has given you; so, strive as in a race in good deeds.) [5:48]

The last of messages, was the message of the Prophet Muhammad ﷺ who was sent to mankind at large. Allah says:

(Muhammad is not the father of any man among you, but he is the Messenger of Allah and the last of the Prophets.) [33:40]

One of the things that the Messengers of Allah called people to was that

there is only One God worthy of being worshipped, who disposes all affairs, and in whom they should seek refuge. This would lead them to spiritual happiness, and peace of heart and mind. Allah says:

(And We have only sent you [O Muhammad ﷺ] as a mercy for all that exists.) [21:107]

The proof that those who believe in Allah and in the Message achieve true happiness is clear by contrasting their lives with the lives of those who deny the existence of Allah, reject the Shari'ah, and the confusion, anxiety and spiritual unrest they live through which causes them to take all forms of intoxicants to fill their spiritual void. It even drives some of them to commit suicide. These things would never lead one to happiness; even if one does feel

happy, it is a short-lived happiness. It is like the one who drinks salty water; it would not quench his thirst, rather it would increase his thirst. Believing in Allah, far removed is He from every imperfection, submitting to Him, and obeying Him, would certainly efface all traces of sadness and make one achieve true happiness and comfort.





## WHAT ARE HUMANS?

They are a creation that Allah fashioned in the best stature. Allah says:

(Verily, We created man of the best stature.) [95:4]

He fashioned man perfectly and gave him due proportion. Allah says:(O man! What has made you careless concerning your Lord, the Most Generous. Who created you,

fashioned you perfectly, and gave you due proportion. In whatever form He willed, He put you together.) [82:6-8]

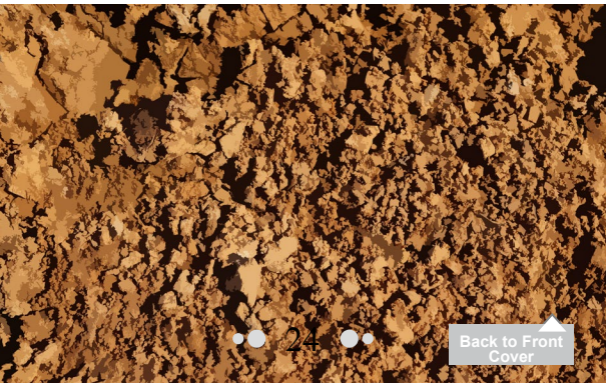
He fashioned man in the best and most complete shape. Allah says:(Allah, it is He Who has made for you the earth as a dwelling place and the sky as a canopy and has given you shape and has perfected and completed your shapes and has provided you with good things. That is Allah, your Lord, then blessed be Allah, the Lord of the all that exists.) [40:64]

He preferred and honored him above all other creations. Allah says:(And indeed We have honored the Children of Adam, and We have carried them on land and sea, and have provided them with lawful good things, and have preferred them above many of those whom We have created with a definite preference.) [17:70]

Allah subjected everything in the universe at the disposal of humans. Allah says:

(And has subjected to you all that is in the heavens and all that is in the earth; it is all as a favor and kindness from Him. Indeed, in that are signs for a people who give thought.) [45:13]

Humans are a distinct creation. They have not evolved from other beings. Allah says:(Who has perfected everything He has created, and He began the creation of man from clay.) [32:7]







**What are the differences between Qur'anic texts which honor man and raise his status and the theories which equate man with animals?**

The Qur'an does not describe man as an animal, except when he trails behind his lusts and desires without restriction; when he does not use his intellect, hearing or sight to ponder over the magnificent creation of the heavens and earth and his true purpose. Allah says:

(And surely, We have created many of the jinn and mankind for Hell. They have hearts wherewith they understand not, they have eyes wherewith they see not, and they have ears wherewith they hear not. They are like livestock, nay even more astray. Those! They are the heedless ones.) [7:179]

This is due to the fact that if one utilizes these senses properly - in pondering and contemplating - it would lead him to believe in Allah, after His grace.

Ibn-ul-Qayyim, may Allah have mercy upon him, said:

“Allah, the Exalted, chose man from among all creation and honored him such that He created them to worship Him. He created all things in the universe at their disposal. He also bestowed upon them knowledge and chose them for His love. He gave them things which were not given to anyone

else. He subjected for them all that is in the heavens and earth and what is in between, even the angels who are the nearest of His creation to Him. He used angels to protect man, while he is sleeping and awake, and while he is sitting and standing. He revealed to them His Books, and sent to them His Messengers, and spoke to them and addressed them. He chose some of them for His love, and He spoke to others, and others were very pious. He revealed to them His secrets and made them the objects of His Wisdom and Love. He created Jannah and Hellfire for them; His creation and command, reward and punishment revolve around the human race, for he is the finest of creation. Man is charged with obeying the commands and abstaining from the prohibitions, and on account of that, he would be rewarded or punished.”



## THE DIFFERENT STAGES OF THE CREATION OF HUMANS

In the beginning, man was nothing to be mentioned. Allah says:(Has there not been over man a period of time, when he was nothing to be mentioned?) [76:1]

Al-Ghazali said:

“Let man ponder the blessings of Allah, how He raised them from a state of humility, worthlessness and despicableness to a level of nobleness

and stature. He came into existence after he was nothing; he came into life after he was dead and spoke after muteness. He saw after he was blind, and became strong after he was weak, and gained knowledge after he was ignorant, and was guided aright after misguidance. He became rich after poverty. Therefore, he was nothing, and what is worse than being nothing? Then he became something by the command of Allah.” [Ihya ‘Uloom-ud-Deen]

## WHAT WERE HUMANS CREATED FROM?

Allah has clarified that man is created when the male’s sperm enters the female’s egg. Allah says:

(So let man see from what he is created! He was created from a fluid, ejected, proceeding from between the backbone and the ribs.) [86:5-7]

Allah has clarified that humans procreate through this process. Allah says:

(And it is He who has created from water a human being and made him [a relative by] lineage and marriage. And ever is your Lord competent [concerning creation].) [25:54]

He has clarified that the fetus is kept in a safe place, far from outside factors, until Allah decrees that it comes out. Allah says:(Did We not create you from a worthless water? Then We placed it in a firm lodging (5) for a known period? And We determined [it], and excellent [are We] to determine.) [77:20-23]

Allah has clarified that the fetus passes through three stages of darkness. It passes through specific stages until it reaches, by the permission of Allah,

its final stage, and then it exits the womb and enters into this world. Allah says:(He creates you in the wombs of your mothers, creation after creation, within three darknesses. That is Allah, your Lord; to Him belongs dominion. There is no deity except Him, so how are you averted?) [39:6]



This is an excerpt  
of a larger book titled  
**“The Beginning and The End”**  
by Abd Ar- Rahman  
bin Abd Al-Kareem Ash-Sheha.

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